

CC284 Tamar Trotters

Things to note

- Tamar Trotters do not have
 - Letterheaded paper
 - Letters of support for the project
 - Accounting statements. The accounts are audited annually by a club member who is not a member of the committee
- The report on last year's grant is the photo included at the end of the grant application pack

Members are asked to note that Tamar Trotters were awarded a grant in April 2024 and the grants policy states

Saltash Town Council has two separate funds available to the local community. To enable as many organisations as possible to benefit from the grants, there will only be one grant per organisation permitted in any financial year.

Due to the election the next Policy and Finance Committee is scheduled to take place on 10th June 2025, which is after the event takes place. Therefore the grant application needs to be received at this Policy and Finance Committee.

Budget code 6210 Community Chest

Budget availability £6,060



Saltash Town Council



Grant Application Form

APPLYING FOR:

(Tick one box)

Community Chest Grant

☒

Festival Fund Grant

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DATE APPLICATION SUBMITTED:

26th February 2025

Contact Name:	<div></div>	
Position:		
Organisation:		
Contact Address:		
Telephone Number:		
E-mail:		
Status of Organization:	Sports club	
Charity/Company number (if applicable)	Charity No: Company No:	
What geographical area does your organization cover?	Saltash and District and Plymouth	

How long has your organization been in existence?	Since 1996
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Please note that it may be asked to attend a meeting of the Policy and Resources Committee to answer questions on your application.

1. Organisation Background

	Date Applied	Project	Amount Applied for	Successful Y/N
Have you applied for a grant from Saltash Town Council within the last <u>5 Years</u>? (Please list – continue on a separate sheet if necessary)	March 2024	2024 Saltash Half Marathon	£350	Yes
Please list the aims and objectives of your organization	To provide facilities for and promote participation of the whole community in the sport of running and associated activities.			

What are the main activities of your organization?	Road running and provision of road running events in the community
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	Yes / No or N/A
Are you part of a religious group?	No
If application is for a Church – is it for anything other than a parish clock, Community Hall (used by all within the community) or environmental purposes?	N/A
If application is for a School – Is, it for anything other than environmental purposes or a project that does not benefit the wider community and is not in addition to statutory services?	N/A
If application is from an education, health or social service establishment – do you work in partnership with other groups?	N/A
If application is from an education, health or social service establishment – is project in addition to statutory services?	N/A

2. Your project

Project	Start Date	04 / 05 / 2025
	Finish Date	04 / 05 / 2025
	Total Cost	£ 4500
	Grant Applied For	£ 355

Project title:	Saltash Half Marathon and 5K+ and Fun Run
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Description of project (please continue on a separate sheet if necessary):	The Saltash Half Marathon is an established running event that first took place in 1983. The Tamar Trotters Running Club organise this event for the running community both local and further afield.
Where will the project/activity take place?	The runs start and finish in Longstone Park, Saltash as part of the Saltash Mayfair weekend. The Half Marathon route takes in the town and the adjacent villages of Forder, Trehan, Elm Gate and Trematon

Who will benefit from the project? (What groups will benefit and approximately how many people will benefit in total)	Any profits from the Half Marathon, 5K+ and Fun Run, after all costs and expenses are covered, are shared between the Tamar Trotters Running Club and the Saltash Mayfair Committee. The events benefit from help from local organisations like the Air Cadets, Scouts and individuals from the community. Each of the assisting organisations receive a donation in return for their help. Typically, the organisations (i.e. cadets and scouts) receive £100 each and we make a donation of £10 to a charity in return for each individuals' help
What evidence do you have that this project is required? (This might be survey work or statistical evidence)	The events are well established within the community and are popular. The Fun Run attracts close to 300 participants each year of all ages.
What support have you received for this project? (Please tell us about any expressions of support you have received from outside your organization Consultation with Community)	We receive £500 sponsorship from the China Fleet Club and £250 sponsorship from Belvoir Estate Agents The Tamar Trotters Running Club provide race equipment

How will the project be managed and how will you measure its success?	<p>The project is managed by the Tamar Trotters Running Club</p> <p>The events are considered a success if they take place without incident and are in profit overall.</p>
Please give the timescale and key milestones for your project, including a start date and finish date.	<p>Organisation for the events starts in November each year and is well established.</p> <p>The events take place over one day, Sunday 4th May 2025, and are complete when the last runner has finished</p>
What arrangements do you have in place to ensure safeguarding of children and/or young people and/or vulnerable people (applicable only if your project involves working with this client group)	<p>Young people are welcome to take part in the Fun Run. The events are organised under the rules of UK Athletics and are well marshalled and safe.</p> <p>The Fun Run has tail marshals running at the back of the field to that ensure that all runners complete the course and finish safely</p>

3. How you will pay for your project.

What will the money be spent on? (Provide a full breakdown of project cost(s) identifying what cost(s) this grant would be spent on)	We would spend the donation on funding the trophies for the prize winners. There are 70 trophies in total with a combined cost of £353.32. See last page of this document.
How will you promote STC once application and project are complete?	We would mention Saltash Town Council on the event website and social media posts and on our large Thank You poster on display on the day of the events.

Saltash Town Council considers Match Funding is extremely important. Please list any applications you have made for funding from other organisations in the table below:

Organization	Contribution Sought (£)	Applied (please tick as appropriate)	Granted (please tick as appropriate)
China Fleet Country Club	£500	Yes	Yes
Belvoir Estate Agents	£250	Yes	Yes

Please confirm the bank account your project is using is in the project's name/organization name	Yes
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4. Further information enclosed Checklist.

	Enclosed (please tick)
A copy of your organization's most recent bank statements (mandatory)	Yes
Copies of all <u>relevant</u> Employer's, Building & Public Liability Insurance Certificates & Title Deeds if appropriate (mandatory)	Yes

A letter head showing the organization's address and contact details	N/A
A copy of your constitution and articles of association (or similar documents if the above do not exist, showing the organization's status)	Yes
A copy of your organization's latest set of accounting statements (if any exist)	N/A
Copies of any letters of support for your project	N/A
If your organization has previously received a grant from STC please include a brief report and evidence of how you promoted the contribution from the Council	Yes
Other (please list)	

If any of the above documents have not been enclosed, please give reasons why in the box below:

Letter head paper with organisations address not relevant as we are a volunteer run sports club

Accounting statements not produced. We do not use an accountant. The club accounts are independently audited each year by a club member who is not a member of the club committee

We do not have any letters in support of the project

Last year we promoted the Saltash Town Council with a Thank You poster at the event, mentioned Saltash Town Council during the event announcements on the day and on Social Media posts leading up to the event. We will add Saltash Town Council logo to the event website

5. Declaration by the applicant

I/we declare that, to the best of my/our belief, the information given on this application form and in any enclosed supporting document is correct.

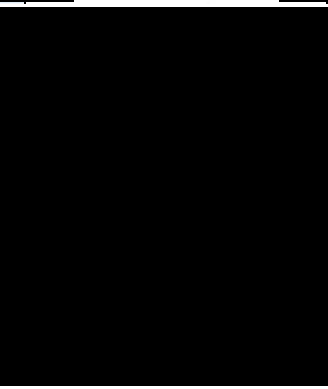
I/we declare that, I/we have read the Town Council's Grant Policy and believe to the best of our knowledge, that we meet the criteria set out by the Policy.

I/we confirm that a risk assessment will be completed prior to an event granted funding by the Town Council.

I/we accept the following:

- (i) that any false information we provide, even if provided in good faith, may lead to the withdrawal of the grant offered;
- (ii) that any grant offered will be used only for the purposes set out in this application;
- (iii) that we will provide reports on progress at the request of the Town Council;
- (iv) the support of the Town Council will be publicised;
- (v) that should any grant offered, not be used in accordance with the terms and conditions set by the Town Council, we undertake on behalf of the organisation to repay the outstanding amount to the Town Council on demand.

Please be aware that the decision as to whether you have been successful in your application will be communicated to you shortly after the relevant Council meeting.

Signed:			
Print Name(s):			
Position(s):			
Date:	26 th February 2025		

Applicants should refer to the Privacy Notice on the Town Council Website www.saltash.gov.uk for details on how we use your data.

COMPLETED FORMS SHOULD BE RETURNED TO:

The Town Clerk, Saltash Town Council, The Guildhall, 12 Lower Fore Street,
Saltash PL12 6JX or enquiries@saltash.gov.uk

OFFICE USE ONLY:	
Date received	
Received by	
Application reference	
Date to P&R Chairman/Vice Chairman	
Approved to go to Committee	
Committee date	
Decision/Minute number	
Amount awarded	
Application refused by P&R Chair or refused by Committee	
Appeal notice issued	
Appeal received	
Approved for Committee	
Decision/Minute number	

Trophies


Purchased from <https://www.impacttrophies.co.uk/>
 Britannia Walnut Plaque with Wreath - AFFWP6/T | Impact Trophies

62 trophies required, 100mm tall, at £4.78 each.

4 trophies required, 125mm tall, at £6.49 each

4 trophies required, 150mm tall, at £7.75 each

Total cost of all trophies is £353.32



Britannia Walnut Plaque with Wreath

Product code: AFFWP6/T

Full front view image

Display - Dimensions

£4.41 - £4.90 including VAT

Available in 3 sizes from 100mm x 70mm to 150mm x 100mm

100mm x 70mm: 100mm x 70mm x 10mm (100mm x 70mm x 10mm) with a polished dark walnut veneer. Featuring smooth bevelled edges, the plaque comes with a choice of various gold or silver engraved designs which is designed to hold a personal inscription. If required, a gold or silver engraved design can be added. The plaque is made from solid wood and is available in 3 sizes.

The plaque can be supplied with a 1000 separate personalised self-adhesive engraved name displaying scroll for details and more to be added.

Would you like the plaque to display your own text? We can personalise the plaque with a round printed self-adhesive logo board and a local postal change card order. To view the logo with your order, please visit the online store.

Step 1: Quantity & Options

Quantity: 1

Select the plaque size and finish (if required) below (if any):

AFFWP6/T - 100mm x 70mm

C AFFWP6/T - 125mm x 75mm (125)

C AFFWP6/T - 150mm x 100mm (150)

Select Wood Colour:

Gold Silver

Step 2: Personalisation (selected option 2 is not required)

1. Personalise all items individually

2. Personalise each item individually

Price: £4.41 (inc. VAT)

ADD TO WISHLIST

★ **Trustpilot**

★★★★★

70,000+ reviews

Quantity	Unit Price (before any options)
1	£4.41
40	£4.78
62	£6.49
125	£4.53
250	£4.90



CLUB CONSTITUTION

ADOPTED AT AN ANNUAL GENERAL MEETING HELD February 2025

1) TITLE

- a) The name of the Club is the "Tamar Trotters"
- b) The Club was established in 1996

2) HEADQUARTERS

- a) The headquarters of the Club is at Saltash Rugby Club, Moorlands Lane, Saltash.

3) OBJECTIVES

- a) To provide facilities for and promote participation of the whole community in the sport of recreational and competitive Amateur Athletics, and associated activities.
- b) To promote Tamar Trotters within the local and the athletics community.
- c) To manage any property that it owns, rents or hires.
- d) To ensure a duty of care to all members of Tamar Trotters, individually, collectively, adult and children alike.
- e) To provide all of The Tamar Trotter services in a way that is fair to all.
- f) To ensure that all present and future members receive fair and equal treatment.

4) MEMBERSHIP

- a) Open Membership of Tamar Trotters is available to anyone over the age of 13 years who is interested in recreational or competitive running, regardless of sex, age, ethnicity, race, nationality, sexual orientation, occupation, religion, politics, beliefs or disability except as a necessary consequence of the requirements of Athletics as a particular sport.
- b) Members of Tamar Trotters are expected to follow the protocols for training and participation promoted by our governing body England Athletics.
- c) Application for membership shall be made to the Tamar Trotters Membership Secretary and must be accompanied by the portion of annual subscription fee that is applicable at the time of joining. New members may run with the club for free for 3 runs but must join The Club before attending subsequent training sessions. All personal data is managed in accordance with our Privacy policy and General Data Protection Regulations (GDPR)
- d) To resign from The Club a member must inform the Membership Secretary in writing. His / Her membership terminates on the date of that notice unless He / She is indebted to The Club, in which case the Committee may withhold acceptance of the resignation until the liability is fully discharged. No refund of subscription shall be made in respect of any unexpired period of membership.
- e) The Management Committee may refuse membership or expel from membership only for good and sufficient cause such as conduct or character likely to bring The Club or the sport into disrepute. Appeal against such a decision may be made through the club complaints, grievance and disciplinary policy.

- f) The following classes of membership are available:
- i. Senior Membership is for individuals aged 18 years and over who wish to train with The Club or enter running races as an affiliated athlete. Senior Membership of The Club includes membership of Saltash Rugby Club (such membership does not include Rugby Club voting rights). Senior members (including second claim members) are full members of Tamar Trotters and as such have full voting rights for the running club.
 - ii. Youth Membership is for single members aged 13 to 17 years who wish to train with Tamar Trotters or enter running races as an affiliated athlete. The Club will not accept anyone aged under 13 years as a single member. Youth members are full members of The Club and as such have full voting rights.
- g) By becoming a member of Tamar Trotters every member agrees to abide by The Club's Constitution, Rules and Codes of Conduct and also the rules and regulations of England Athletics (or relevant successor/governing bodies).
- h) When acting in the best interests of Tamar Trotters and performing a duty of care, the Management Committee reserves the right to advise members formally to, either temporarily or permanently stop activities with the club. At the discretion of the Management Committee the advice can be applied to all of the clubs activities or singular events, i.e. either running, (physical exercise) or social events.
- i) The Club has a zero tolerance policy on any Physical or Verbal abuse or bullying towards any individual whatever the situation and reserves the right to expel from the club any member not complying with this policy. (See also code of conduct, Bullying and Harassment, Health and Safety and Diversity and Inclusion policies).

5) Youth Members

- a) The parent, legal guardian or nominated responsible adult will be responsible for the child's welfare arranging for them to be dropped off and collected safely to Club training sessions and Club run events. (See also safeguarding policy for definition of child and vulnerable adult). Warnings will be issued for any misbehaviour and this will be communicated to the parent or legal guardian.
- b) Parents or guardians must complete an online Membership Form for each child prior to bringing their children to an initial assessment with a coach before they can run with The Club.
- c) The Club shall adhere to England Athletics guidelines on children's running distances, any child running outside these rules will do so at their parent's / legal guardian's discretion and responsibility.

6) SUBSCRIPTION

- a) First time membership will attract an initial payment in addition to annual subscription (to cover the purchase of a Tamar Trotter running vest).

- b) Each member shall pay an Annual Subscription, the amount of the Annual Subscription shall be set by the Management Committee and agreed at the A.G.M. The subscription shall be payable on election and subsequently annually on 1st April each year.
- c) Membership of Tamar Trotters will be deemed as cancelled if the Annual Subscription is not paid within one month of the renewal date.

7) MANAGEMENT COMMITTEE

- a) The management of Tamar Trotters is vested in a Management Committee comprising the following 13 posts:
 - i. Chairperson
 - ii. Club Secretary
 - iii. Club Treasurer
 - iv. Membership Secretary
 - v. Welfare Officer
 - vi. DBS Verifier

The 6 roles above are required by our Governing Body.

- vii. Vice Chairperson
 - viii. Social Secretary
 - ix. Press/Publicity Officer
 - x. Club Captain
 - xi. General Committee Member
 - xii. General Committee Member
 - xiii. General Committee Member
- b) There are many other roles within the club that need doing such as Club Coach; Triathlon coordinator; Race Director for The Magnificent 7; Race Director for The Saltash Half Marathon; Website Coordinator; Facebook Administrator; Parkrun Champion; Couch to 5K coordinator; club kit coordinator etc The people doing these roles may or may not wish to serve on the management committee.
- c) All members of the Management Committee shall be elected annually at the Annual General Meeting. Any person standing as a candidate for any committee post must be nominated by two other eligible members.
- d) A quorum for the Management Committee shall be six. A meeting of the committee at which a quorum is present and has been properly convened shall be competent to exercise all the powers and discretions invested in the committee by this Constitution.
- e) The Management Committee shall meet once a quarter. Sub committee meetings may be delegated to manage specific tasks such as race organisation.
- f) All decisions will be by a majority vote, providing that there is at least a quorum in attendance. The Chair shall have a casting vote in the event of a tie.
- g) The Management Committee has the power to co-opt extra members up to a maximum of three if the need arises.
- h) The Officers of the Tamar Trotters are authorised to act between Management Committee meetings on such matters as cannot be left until the next meeting of the Committee.
- i) Whilst it may be possible for a member to stand for more than one post on the committee, no

member shall be allowed to hold more than one post on the committee at any one time. If a member is elected to a post during the course of the AGM then their name shall be deleted from all subsequent voting for the remaining posts at that meeting.

- j) Any member standing for the position of Chair, Club Secretary or Treasurer must have previously been a member in one of the three years (for a full year) preceding the AGM at which they are seeking election. This policy is intended to maintain continuity and safeguard the interests of Tamar Trotters.
- k) If the number of candidates for each of the named posts is only one then that candidate shall be declared as elected unopposed. If the number of candidates is more than one then ballot papers will be prepared containing, in alphabetical order, the names of all candidates proposed. Every eligible member may vote for each office with the first candidate to reach a majority elected.
- l) If the number of candidates for election as General Committee Members is less than or equal to the number of vacancies then each candidate shall be declared as elected unopposed. If the number of candidates is more than the number of vacancies then ballot papers will be prepared containing, in alphabetical order, the names of all candidates proposed. Every eligible member may vote for as many candidates as there are vacancies and those candidates with the most votes will be elected until all vacancies are filled.

8) CLUB COLOURS

- a) The Club colours shall be a burgundy and black 'T' shirt or vest (detailed in Code of Conduct document)
- b) All members at competitive running events should wear club colours.

9) ANNUAL GENERAL MEETING

- a) An Annual General Meeting shall be held before the end of March each year.
- b) The following business shall be undertaken:
 - i. The Management Committee's reports will be read and discussed.
 - ii. The accounts will be audited and available.
 - iii. The Committee Members will be elected.
 - iv. Any further matters on the Agenda will be considered.
- c) The Club Secretary must give every member 21 days notice of the meeting in writing.
- d) Notice of any business which it is desired be placed on the Agenda must be given in writing to the Club Secretary at least 14 days prior to the meeting.
- e) Amendments to the constitution may be changed by a two thirds majority decision of eligible members in attendance and entitled to vote at the meeting.
- f) All routine matters will be decided by majority vote of eligible paid up members in attendance at the meeting.

- g) A member who is in arrears for either subscriptions due or fees unpaid shall not be entitled to vote at the AGM.
- h) 15 percent of paid up members as at the date of AGM will constitute a quorum.
- i) All members aged 13 years and over will be eligible to vote.
- j) The Chair shall have a casting vote.

10) EXTRAORDINARY GENERAL MEETING

- a) The Club Secretary must call an Extraordinary General Meeting within 14 days of the receipt of a requisition in writing signed by at least thirty eligible members of Tamar Trotters Running Club stating the business to be brought before such a meeting.
- b) Not less than 21 days notice of an Extraordinary General Meeting, specifying the place, day and time of the meeting, shall be given to the members.
- c) The conditions set out in clauses 9 e to j will apply.

11) AMENDMENTS TO CONSTITUTION

- a) The Management Committee, by a two thirds majority decision at a quorum meeting, may propose amendments to the Constitution.
- b) The changes may only be made at the Annual General Meeting or an Extraordinary General Meeting called for that purpose.
- c) The Club Secretary must give 21 days notice in writing to all members for an Extraordinary General Meeting called under this heading.
- d) The conditions set out in clauses 9 g to j will apply.
- e) If the motion is passed by a two thirds majority of eligible members in attendance and entitled to vote at the meeting then the amendment to the Constitution will be adopted.

12) DISSOLUTION

- a) The Management Committee, by a two thirds majority vote at a quorum meeting, may decide to dissolve Tamar Trotters. They must then call an Extraordinary General Meeting giving 21 days notice in writing to all members.
- b) Alternatively thirty paid up and eligible members may petition the Club Secretary in writing to call an Extraordinary General Meeting in which the conditions set out in clauses 9 c to j will apply with respect to calling the meeting and voting at it.
- c) If the motion is passed by a two thirds majority vote at that meeting then Tamar Trotters is dissolved.
- d) Upon dissolution any funds remaining after all debts have been met will be donated to England Athletics, or successor body, for use by them in community related sport.

13) CODE OF CONDUCT

- a) Safety is paramount and all members are asked to read the health and safety policy, risk assessments, and safeguarding policy on the members area of the website for full guidance. (see also Code of conduct document, Health and Safety Policy and Risk Assessments on Members page of the Tamar Trotters website).
- b) Members shall be aware of their general conduct whilst representing Tamar Trotters in any capacity and shall not conduct themselves in a manner that could bring the club into disrepute. Policies such as bullying and harassment, inclusion and diversity and our disciplinary and grievance procedures can be found on the members area of our website.

14) ACCOUNTS

- a) The Club Treasurer will be responsible for the finances of the Tamar Trotters.
- b) All monies will be banked in accounts in the name of the Tamar Trotters.
- c) Club Accounts will require one signature.
- d) The Club Treasurer will ensure proper accounts are kept and provide the Management Committee members with accurate financial reports on at least a quarterly basis. The Club's financial records shall always be open to inspection by any eligible member of the Club.
- e) The Club's financial year shall run from 1st January to 31st December each year. The Club Treasurer will present accounts for the previous financial year to the Annual General Meeting for consideration and copies of these will be available to members at the meeting.
- f) If the accounts are not accepted at the Annual General Meeting then a qualified accountant may be appointed to investigate member's concerns.
- g) Tamar Trotters is a non-profit-distributing organisation. The income and property of Tamar Trotters shall be applied solely towards promoting the above objectives.

Tamar Trotters Running Club

Your Account

MAIN ACCOUNT

01 February 2025 to 26 February 2025

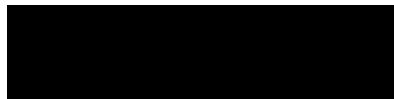
Money In	£798.84	Balance on 01 February 2025	£5,120.77
Money Out	£2,218.41	Balance on 26 February 2025	£3,701.20

Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
03 Feb 25		FPI	9.00		5,129.77
03 Feb 25		FPI	9.00		5,138.77
03 Feb 25		FPI	7.00		5,145.77
03 Feb 25		FPI	7.00		5,152.77
03 Feb 25		FPO		60.00	5,092.77
05 Feb 25		FPI	7.00		5,099.77
05 Feb 25		FPI	16.00		5,115.77
05 Feb 25		FPI	7.00		5,122.77
05 Feb 25		FPI	9.00		5,131.77
05 Feb 25		FPI	16.00		5,147.77
05 Feb 25		FPI	7.00		5,154.77
06 Feb 25		FPI	7.00		5,161.77
06 Feb 25		FPI	16.00		5,177.77
06 Feb 25		FPI	7.00		5,184.77
06 Feb 25		FPI	7.00		5,191.77
06 Feb 25		FPI	18.00		5,209.77

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MAIN ACCOUNT

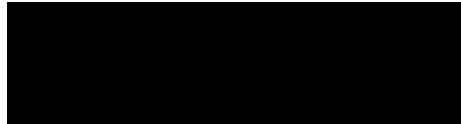


Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
06 Feb 25		FPI	18.00		5,227.77
07 Feb 25		FPI	16.00		5,243.77
07 Feb 25		FPI	18.00		5,261.77
07 Feb 25		FPI	14.00		5,275.77
07 Feb 25		FPI	18.00		5,293.77
10 Feb 25		FPI	9.00		5,302.77
10 Feb 25		FPO		38.00	5,264.77
10 Feb 25		FPI	9.00		5,273.77
11 Feb 25		DEP	90.00		5,363.77
11 Feb 25		FPI	18.00		5,381.77
11 Feb 25		FPI	27.00		5,408.77
12 Feb 25		BGC	120.84		5,529.61
13 Feb 25		FPI	9.00		5,538.61
13 Feb 25		FPI	9.00		5,547.61
17 Feb 25		FPI	7.00		5,554.61
17 Feb 25		FPO		160.00	5,394.61
17 Feb 25		FPO		10.00	5,384.61
17 Feb 25		FPI	9.00		5,393.61
17 Feb 25		FPI	18.00		5,411.61
17 Feb 25		FPI	27.00		5,438.61
17 Feb 25		FPI	9.00		5,447.61
17 Feb 25		FPI	9.00		5,456.61

(Continued on next page)

MAIN ACCOUNT



Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
17 Feb 25		FPI	7.00		5,463.61
17 Feb 25		FPI	16.00		5,479.61
17 Feb 25		FPO		1,020.00	4,459.61
18 Feb 25		FPI	20.00		4,479.61
18 Feb 25		FPO		95.00	4,384.61
18 Feb 25		FPO		20.00	4,364.61
18 Feb 25		FPO		49.61	4,315.00
19 Feb 25		FPI	18.00		4,333.00
19 Feb 25		FPI	18.00		4,351.00
19 Feb 25		FPI	7.00		4,358.00
21 Feb 25		FPO		760.80	3,597.20
24 Feb 25		FPI	9.00		3,606.20
24 Feb 25		FPI	18.00		3,624.20
24 Feb 25		FPI	9.00		3,633.20
24 Feb 25		FPI	3.00		3,636.20
24 Feb 25		FPI	16.00		3,652.20
24 Feb 25		FPI	18.00		3,670.20
26 Feb 25		FPI	18.00		3,688.20
26 Feb 25		FPI	18.00		3,706.20
26 Feb 25 (Continued on page 4)		FPO		5.00	3,701.20

Tamar Trotters Running Club

Your Account

MAIN ACCOUNT

01 January 2025 to 31 January 2025

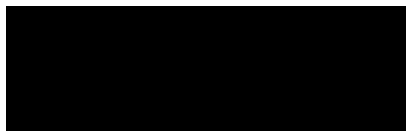
Money In	£808.41	Balance on 01 January 2025	£4,882.60
Money Out	£570.24	Balance on 31 January 2025	£5,120.77

Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
02 Jan 25		FPI	20.00		4,902.60
02 Jan 25		FPI	18.00		4,920.60
02 Jan 25		FPI	20.00		4,940.60
02 Jan 25		FPI	20.00		4,960.60
02 Jan 25		FPI	20.00		4,980.60
02 Jan 25		FPI	20.00		5,000.60
06 Jan 25		FPO		19.00	4,981.60
06 Jan 25		FPO		18.76	4,962.84
08 Jan 25		FPI	20.00		4,982.84
09 Jan 25		FPI	5.00		4,987.84
10 Jan 25		FPI	18.00		5,005.84
10 Jan 25		FPI	20.00		5,025.84
10 Jan 25		FPI	40.00		5,065.84
10 Jan 25		FPI	20.00		5,085.84
10 Jan 25		FPI	80.00		5,165.84
13 Jan 25		FPO		85.59	5,080.25

(Continued on next page)

MAIN ACCOUNT



Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
13 Jan 25		FPO		175.96	4,904.29
16 Jan 25		FPI	20.00		4,924.29
17 Jan 25		TFR	36.00		4,960.29
17 Jan 25		FPI	18.00		4,978.29
17 Jan 25		FPI	18.00		4,996.29
20 Jan 25		FPI	16.00		5,012.29
20 Jan 25		FPI	18.00		5,030.29
20 Jan 25		FPI	9.00		5,039.29
20 Jan 25		FPO		33.93	5,005.36
23 Jan 25		FPI	9.00		5,014.36
23 Jan 25		FPI	9.00		5,023.36
23 Jan 25		FPI	34.00		5,057.36
23 Jan 25		FPI	9.00		5,066.36
24 Jan 25		FPI	29.00		5,095.36
24 Jan 25		FPI	18.00		5,113.36
27 Jan 25		FPI	20.00		5,133.36
27 Jan 25		FPI	70.00		5,203.36
27 Jan 25		FPI	18.00		5,221.36
28 Jan 25		FPI	23.41		5,244.77
29 Jan 25		FPI	70.00		5,314.77
29 Jan 25		FPO		237.00	5,077.77
30 Jan 25		FPI	7.00		5,084.77

(Continued on

MAIN ACCOUNT

Sort Code 30-98-97

Account Number 84200568

Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
31 Jan 25		FPI	18.00		5,102.77
31 Jan 25		FPI	18.00		5,120.77

Transaction types

BGC Bank Giro Credit	BP Bill Payments	CHG Charge	CHQ Cheque
COR Correction	CPT Cashpoint	DD Direct Debit	DEB Debit Card
DEP Deposit	FEE Fixed Service	FPI Faster Payment In	FPO Faster Payment Out
MPI Mobile Payment In	MPO Mobile Payment Out	PAY Payment	SO Standing Order
TFR Transfer			

Tamar Trotters Running Club

Your Account

MAIN ACCOUNT

01 December 2024 to 31 December 2024

Money In	£957.82	Balance on 01 December 2024	£8,177.28
Money Out	£4,252.50	Balance on 31 December 2024	£4,882.60

Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
02 Dec 24		FPI	5.00		8,182.28
02 Dec 24		FPO		165.00	8,017.28
03 Dec 24		FPO		675.00	7,342.28
03 Dec 24		DEP	99.00		7,441.28
03 Dec 24		FPI	10.00		7,451.28
05 Dec 24		FPI	20.00		7,471.28
06 Dec 24		FPI	27.00		7,498.28
06 Dec 24		FPI	20.00		7,518.28
06 Dec 24		FPO		48.00	7,470.28
09 Dec 24		FPO		6.00	7,464.28
09 Dec 24		FPO		10.00	7,454.28
09 Dec 24		FPO		6.00	7,448.28
09 Dec 24		FPO		10.00	7,438.28
09 Dec 24		FPI	10.00		7,448.28
09 Dec 24		FPI	20.00		7,468.28
09 Dec 24		FPI	40.00		7,508.28

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MAIN ACCOUNT

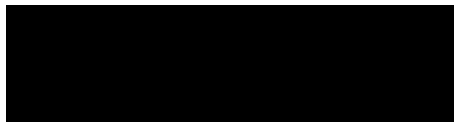


Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
09 Dec 24		FPO		30.00	7,478.28
09 Dec 24		FPI	10.00		7,488.28
09 Dec 24		FPI	20.00		7,508.28
09 Dec 24		FPI	10.00		7,518.28
09 Dec 24		FPO		70.00	7,448.28
09 Dec 24		FPO		10.00	7,438.28
09 Dec 24		FPO		20.00	7,418.28
09 Dec 24		FPO		10.00	7,408.28
09 Dec 24		FPI	20.00		7,428.28
10 Dec 24		BGC	70.00		7,498.28
10 Dec 24		BGC	70.00		7,568.28
10 Dec 24		FPI	10.00		7,578.28
10 Dec 24		FPI	24.00		7,602.28
11 Dec 24		FPI	40.00		7,642.28
11 Dec 24		FPI	20.00		7,662.28
11 Dec 24		FPI	10.00		7,672.28
11 Dec 24		FPI	20.00		7,692.28
12 Dec 24		FPI	10.00		7,702.28
12 Dec 24		FPI	10.00		7,712.28
12 Dec 24		FPI	24.00		7,736.28
13 Dec 24		FPO		48.00	7,688.28
13 Dec 24		FPI	10.00		7,698.28

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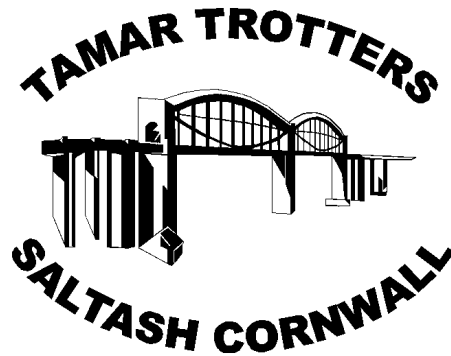
MAIN ACCOUNT



Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
13 Dec 24		FPI	20.00		7,718.28
13 Dec 24		FPI	20.00		7,738.28
13 Dec 24		FPO		9.50	7,728.78
17 Dec 24		FPO		20.00	7,708.78
18 Dec 24		BGC	9.82		7,718.60
19 Dec 24		FPO		75.00	7,643.60
19 Dec 24		FPO		40.00	7,603.60
19 Dec 24		FPI	9.00		7,612.60
19 Dec 24		TFR		3,000.00	4,612.60
19 Dec 24		FPI	3.00		4,615.60
19 Dec 24		FPI	6.00		4,621.60
23 Dec 24		FPI	18.00		4,639.60
23 Dec 24		FPI	18.00		4,657.60
23 Dec 24		FPI	20.00		4,677.60
24 Dec 24		FPI	70.00		4,747.60
27 Dec 24		FPI	70.00		4,817.60
27 Dec 24		FPI	9.00		4,826.60
30 Dec 24		FPI	18.00		4,844.60
30 Dec 24		FPI	18.00		4,862.60
30 Dec 24		DEP	20.00		4,882.60

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Safeguarding Policy

THIS DOCUMENT WAS FIRST APPROVED IN APRIL 2006 as a Child Protection Policy. It relates to both young people under the age of 18 and vulnerable adults up to the age of 25.

This issue was adopted July 2021

As a responsible Running Club we will:

Adopt national welfare policies and procedures, adhere to the codes of conduct and respond to any suspected breaches in accordance with the Welfare Procedures

Appoint a welfare officer, and ensure that they have access to appropriate training to act as a first point of contact for concerns about welfare issues

Ensure that all coaches and volunteers operating within the club environment hold the appropriate qualifications and have undertaken the appropriate checks e.g. DBS, licences, qualifications such as massage, sports nutrition etc

Ensure that coaches, technical officials and club officers attend recommended training in welfare and safeguarding and protecting young people as appropriate.

Liaise appropriately with parents/persons with parental responsibility, officials, coaches, sports scientists, national governing bodies and other relevant people/organisations to ensure that good practice is maintained

Ensure that information is available at the club and to all club officers, team managers, coaches and officials regarding contact details for local social services, the police and the NSPCC

Ensure that club officers and volunteers always act responsibly and set an example to others including younger members

Respect the rights, dignity and worth of every club member and others involved in athletics and treat everyone equally.

Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances

Challenge inappropriate behaviour and language by others

Place the welfare and safety of the athlete above other considerations including the development of performance

Report any suspected misconduct by club officials, coaches, technical officials or other people involved in athletics to the Club, Regional, National or UKA welfare officer as soon as possible

Guidelines

1.1 Some physical parameters

Always work in an open environment – avoid private or unobserved situations and encourage an open environment with no secrets.

Put the welfare of the young person first before winning or achieving.

Maintain a safe and appropriate distance with young people.

Ensure that if any form of physical support is required, it is provided openly. Young people's permission should be sought before giving such support and their parents views should also be considered.

Recognise the developmental needs and abilities of young members, avoid excessive training or competition.

Parental consent must be sought in writing to act in loco parentis if the need arises – this includes consent to any first aid or emergency medical treatment. Keep written records of any injury that occurs along with treatment given.

1.2 Some emotional parameters

Treat all young people equally, fairly with respect and dignity

Give enthusiastic and constructive feedback rather than negative criticism

Build balanced and supportive relationships based on trust to empower young people to share in decision making.

Make running a fun sport, enjoyable and promote fair play and do not allow young members to violate rules

1.3 Practices to be avoided

Avoid spending excessive amounts of time alone with young members away from others.

Avoid taking children to your home where they may be alone with you

1.4 Practices that should never be sanctioned

Never engage in rough, physical or sexually provocative games, including horseplay.

Never allow or engage in any form of inappropriate touching.

Never share a room with a young person

Never allow young members to use inappropriate language unchallenged

Never make sexually suggestive comments to a young person, even in jest

Never reduce a young member to tears as a form of control

Never allow allegations made by a young member to go unnoticed, unrecorded or not acted upon.

Never do things of a personal nature for a young member that they can do for them-selves including for children/young people who have disabilities.

Never invite a young member to stay with you at your home unsupervised.

1.5 Incidents/situations that need to be reported

If a young person is hurt in an accident

If a young person seems overly distressed in any manner

If a young person appears to act sexually inappropriately

If a young person misunderstands or misinterprets something you or another adult has said or done

1.6 Photography and Videoing

Parents of young people should sign giving permission for photos to be taken and reproduced for club purposes, for example on our social media.

Photographs should on no account be taken in changing areas or of young people who are not appropriately clothed.

The PR officer will notify the main Newspapers of this Policy in writing and direct them to read the terms and conditions on the website.

1.7 Bullying (see also bullying policy)

The club will : -

Take all signs of bullying seriously

Encourage all young people to speak to someone about any concerns in order to help a victim of bullying to speak out.

Ensure that the appropriate Officer investigates any concerns regarding bullying and takes action to ensure that it stops

Ensure that parents of young people are fully involved in the resolution of the bullying.

Ensure that records are kept of all incidents investigated and resolved.

PROCEDURE FOR DEALING WITH MISCONDUCT OR POOR PRACTICE ISSUES

If the matter in the first instance is not considered to be of a safeguarding/child protection nature or if following Local Authority referral it is not considered to be of a safeguarding/child protection nature – the Safeguarding along with relevant committee members will decide whether there are any issues of poor practice to be addressed.


The Committee will consider all the matters pertaining to the situation and decide what action needs to be taken to ensure the issue of poor practice does not arise again.

The Committee may decide that a member of the club cannot be allowed to continue with their membership.

CONFIDENTIALITY

Confidentiality cannot be kept if information comes to light about potential harm to a young person. If a young person discloses harm or abuse to an adult the adult has to make it clear that they will have to talk to an appropriate Officer in order to ensure the child/young person's safety.

CONTACT NUMBERS

<u>Welfare Officer</u> For reporting any concerns	
<u>Cornwall Council Children and Family Services Department</u>	Multi Agency Referral Unit 3 North County Hall Treyew Road Truro TR1 3AY Tel 0300 1231 116
<u>Devon and Cornwall Constabulary</u> For Local Referral	0845 2777444
<u>Cornwall Partnership Manager</u> <u>(Children, young people and families)</u>	Tim Marrion 018722 323338 07973497454 Tim.Marrion@cornwall.gov.uk
<u>Cornwall Sports Partnership</u> For Advice and courses Manager - Angela Barnett	Active Cornwall Inny Building Old County Hall Site Station Road Truro Tr1 01872 324324
<u>Sports Development Officer</u>	

For Advice Caradon – Stephanie Thomas	01579 341055
<u>NSPCC - Child Protection in Sport Unit</u> For Child Protection Training / Consultancy	0116 234 7200 www.sportprotects.org.uk
<u>NSPCC</u> For Referral/Advice National Society for the Prevention of Cruelty to Children	0808 800 5000 24hrs

<u>Childline</u>	0800 1111
For Advice to Children	www.advocateweb.org
<u>UK Athletics</u>	0870 998 6800
For Advice	
<u>Parent Line</u>	01702 559900
For Advice to parents	9am – 9pm Monday to Friday 12noon – 6pm Saturday

Event Licence

Event Name	Saltash Half Marathon and 5K+ and Fun Run
Event Licence Number	#28745
Event Start Date	2025-05-04
Event End Date	2025-05-04
Licence Type	Road Race
Event Venue	Longstone Park, Saltash, PL12 6DW
Start Time	10:00
Maximum Number of Competitors	500
Licence Issued Date	2025-02-02
Races	Saltash 5K+ 2025-05-04 (Max Entries 100) Saltash Half Marathon 2025-05-04 (Max Entries 200) Saltash Fun Run 2025-05-04 (Max Entries 300)



This is to certify that the above race has been approved as a Race that will be held under UK Athletics Rules for Competition and in accordance with the Licence Requirements.

This licence, in conjunction with your governing body affiliation, includes Third Party Liability Insurance cover (Limit of Liability £50,000,000 any one accident or occurrence). For further details please contact England Athletics, Athletics House, Alexander Stadium, Walsall Road, Perry Barr, Birmingham, B42 2BE. Telephone 0121 347 6543

The licence number must be quoted on all race advertising and correspondence

With many thanks to:

**South West Surfacing Specialists
China Fleet Country Club
Belvoir! Estate and Lettings Agents
Saltash May Fair Committee
Saltash Town Council
Cornwall Council
335 Squadron Air Cadets
2nd Saltash Scout Group
All helpers and Marshals**